

MEDICATIONS THAT INTERFERE WITH SKIN TESTING

Many common medications, especially antihistamines, interfere with Allergy Skin Tests.

Antihistamines are in many over-the-counter medications for allergies, colds, and sinus problems. It is important to stop taking these medications at least 5-7 full days before your visit so that tests can be performed.

If you are currently experiencing significant skin symptoms such as hives or swelling, or if you were put on antihistamines for a severe allergic reaction, **DO NOT STOP** your antihistamines without contacting our office at (504) 605-5351.

H1 ANTIHISTAMINES (Oral) - Stop for 5-7 full days before visit

Actifed	Allegra (fexofenadine)	Tavist (clemastine)
Benadryl (diphenhydramine)	Carbinoxamine	Chlor-Trimeton (chlorpheniramine)
Clarinx (desloratadine)	Claritin (loratadine)	Dimetapp
Dramamine (dymenhydrinate)	Tylenol Cold and Flu	Tylenol Flu Nighttime
Tylenol Allergy Sinus	Vistaril, Atarax (hydroxyzine)	Xyzal (levocetirizine)
Unisom, NyQuil (doxylamine)	Meclizine	Zyrtec (cetirizine)

H1 ANTIHISTAMINES (Nasal Sprays) - Stop for 5-7 full days before visit

Astelin / Astepro (Azelastine)	Dymista	Patanase (Olopatadine)
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H2 Blocking Medications (for reducing stomach acid) - Stop for 5 days before visit

Pepcid (famotidine)	Tagamet (cimetidine)	Zantac (ranitidine)
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EYE DROPS - Stop for 5 full days before visit

Pataday, Patanol, Pazeo (olopatadine)	Elestat (epinastine)	Wal-Zyr, Zaditor, Alaway (ketotifen)
Bepreve (bepotastine)	Optivar (azelastine)	Emadine (emedastine)

Asthma inhalers / oral , Montelukast (Singulair) , and corticosteroid nasal sprays do not interfere with allergy testing. Please *continue* use as prescribed.



Other Medications - other types of medication that may interfere with skint testing. If you are taking any of these, please call us to receive special instructions prior to discontinuing. **DO NOT DISCONTINUE THESE UNLESS INSTRUCTED BY A PHYSICIAN.**

Anafranil (clomipramine)	Asendin (amoxapine)	Compazine (prochlorperazine)
Elavil, Endep, Triavil, Limbitrol (amitriptyline)	Norpramin (desipramine)	Pamelor (nortriptyline)
Phenergan (promethazine)	Seroquel (quetiapine)	Sinequan, Adapin (doxepin)
Surmontil (trimipramine)	Tofranil (imipramine)	Trazodone, Vivactil (protriptyline)

If you have any questions regarding any of the above listed medications, please reach out to our office at (504) 605-5351 or via email at info@uptownallergyasthma.com.